

HALL OF FAME GYMNASTICS NOVA SCOTIA

Lynne started her gymnastics career at the YMCA in Halifax under coach Jim Hoyle and she also trained at the YMCA in Dartmouth. Lynne was the only girl at the all-boys club and the team had to improvise equipment so Lynne could learn alongside the boys.

As an athlete, Lynne was the maritime Senior Champion in 1964, 1965, 1966, and 1968. She attended St FX University and was the silver medalist in the all around at the 1968 National Intercollegiate Championships. She was also awarded the NS Amateur athlete union's Most Valuable female athlete the same year.

After several years coaching in Quebec, Lynne returned to Dartmouth (this time with a husband and three children) and in 1977, started coaching at Dartmouth Titans. The following year Lynne took over as head coach, a position she held until 1988. Lynne grew the club to include a men's program and moved the club into its first full time facility. During this time Lynne also served on the NSGA Board of Directors as the Women's Technical Chairperson and Director of Public Relations. In 1987 and 1991, she was the technical advisor for gymnastics for the Canada Winter Games.

From 1980 until 2000, Lynne was involved with the NS International Tattoo, overseeing the "gym scene" and later creating the Gym DemoNS, a touring team highlighted by their attendance at an international gymnaststrada in Scotland in 2000. Lynne was also part of a summer tour throughout Nova Scotia in 1987 and 1990, with the Flying Aarhus Superkids, a Danish gymnastics touring team, promoting the sport throughout the province.

Lynne was the Executive Director/staff development coordinator of gymnastics for Sport Nova Scotia from 1988



until 1993, including coordination of the 1990 National Gymnastics Championships in Halifax.

Lynne was involved with the Canadian Gymnastics Federation first as a member of the Women's Technical program from 1980-1987, as a Chairperson of the National Development Committee from 1985-1987, as Chairperson of the Women's Technical Program from 1987-1990, a member of the CGF Board of Directors from 1987-1990, and as Chairperson of the Development Program Committee. She was selected as manager for the Canadian National Team for the 1985 World Championships and was the Canadian team manager for the World University Games in 1987. Lynne was presented with a Canadian Gymnastics Federation Life Membership in 1994.

Lynne coached and mentored gymnasts in Nova Scotia for three decades, promoting the sport both competitively and recreationally. She has led individual gymnasts and teams to provincial and individual titles, provincially, Nationally and Internationally. Lynne was a role model both inside and outside of the gym, giving her athletes strength and confidence that they carry with them to this day. Lynne has left a legacy and lasting impression on all who were lucky enough to be coached, led and mentored by her.

LYNNE PASCOE